

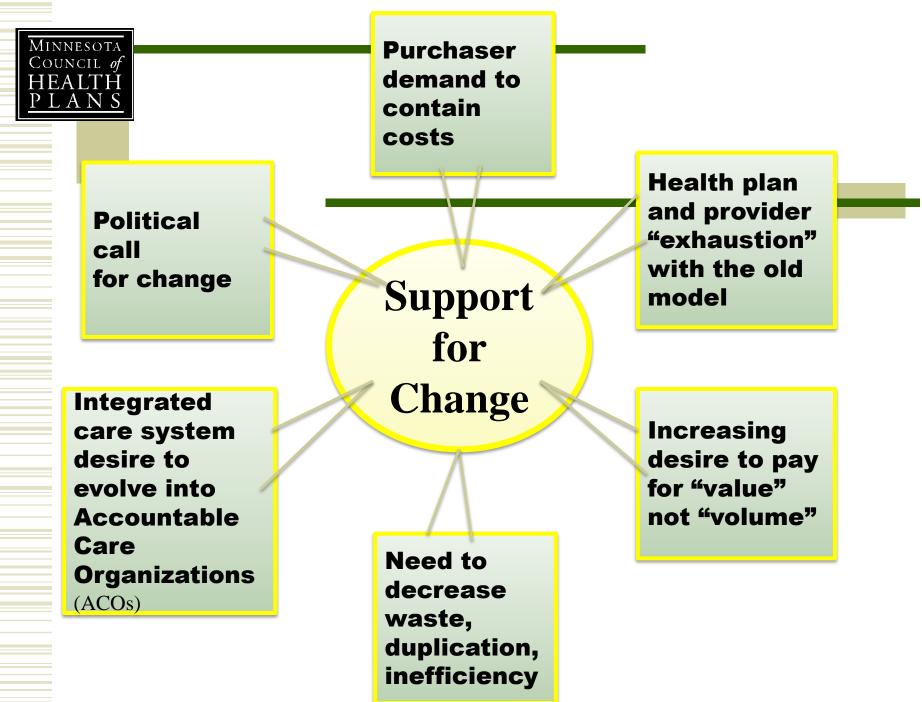
#### **American Institute for Contemporary German Studies**

#### Pay-for-Performance in Health Care Reform Minnesota's Experience June 27, 2012

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### Minnesota's Landscape

- Providers dominated by large, fully-integrated care systems of hospitals, primary and specialty care physicians and almost all other services
- Payers comprised of three large and four smaller health plans serving individuals, local and national employer groups, and individuals enrolled in government programs – Medicare and Medicaid
- High level of interest and involvement by regulators, legislators, employers and consumers



#### **Provider-Plan Relationships**

- Widespread acceptance of the need for change = higher level of collaboration between providers of care, health plan
- Example: Blue Cross Blue Shield's "Aligned Incentive" relationship model

# **Evolving Relationship Model**

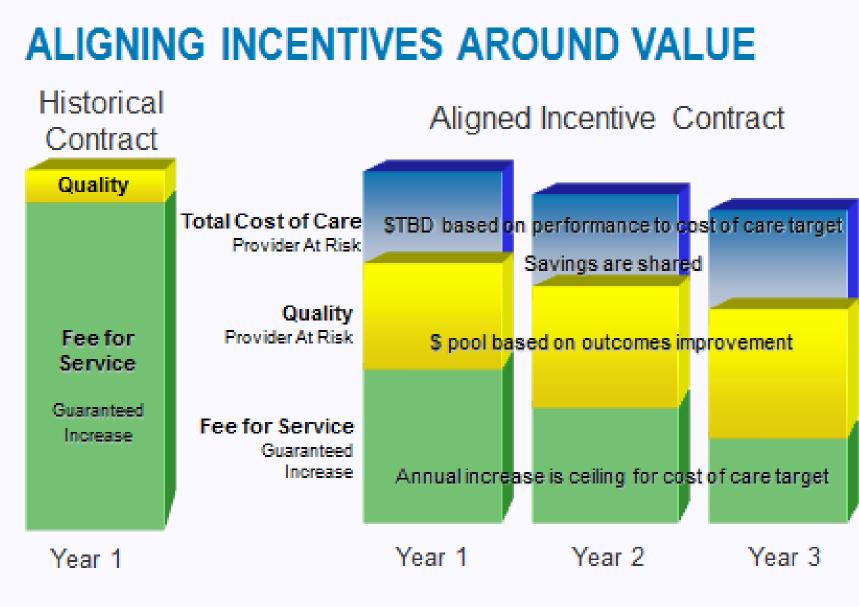
| Past   | Current/Future  |  |
|--|---|--|
| <ul> <li>Short term contracts</li> <li>Dominated by unit payment negotiation</li> </ul>  | <ul> <li>Multi-year contracts</li> <li>Focus is building relationships<br/>which lower cost, improve quality</li> </ul> |  |
| <ul> <li>Fee-for-service</li> <li>Discount off charge as a measure of success</li> </ul> | <ul> <li>"Value" derived payments</li> <li>Total cost of care and outcomes<br/>as measures of success</li> </ul>        |  |
| Treating chronic & acute     illness   | <ul> <li>Preventing illness, maintaining<br/>"wellness"</li> </ul>  |  |
| Limited transparency   | <ul> <li>Full transparency, sharing of<br/>claims &amp; encounter data</li> </ul>                                       |  |
| Negotiation "drives" the relationship  | <ul> <li>Relationship "drives" the<br/>negotiation</li> </ul>   |  |



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## "Aligned Incentive" Contracting Model

#### Model incorporates four elements

- Member attribution: Payer assigns enrollees to a care system based on where they received most of their primary care in the past
- **Risk adjustment**: Adjust cost to reflect the illness burden & complexity of the enrollees assigned to each care system



#### Model Elements, continued

- Per member per month calculation: Aggregate payments for assigned enrollees; add total cost of care which is aggregate price, type & volume of services regardless of where services took place
- Quality incentives: Payment risk based on 17 quality metrics in 5 categories (chronic illness, prevention & wellness, care integration, safety & utilization)



# **Quality Improvement**

| CHRONIC ILLNESS             | <ul> <li>Optimal diabetic care (composite measure)</li> <li>Optimal vascular care (composite measure)</li> <li>Hypertension control</li> </ul>   |
|-----------------------------|--|
| PREVENTION & WELLNESS       | <ul> <li>Breast cancer screening</li> <li>Colorectal cancer screening</li> <li>Body mass index (measurement and referral)</li> <li>Tobacco cessation (measurement and referral)</li> </ul>   |
| PATIENT CARE<br>INTEGRATION | Depression remission rate  |
| SAFETY                      | <ul> <li>Reduction of elective deliveries &lt; 39 weeks</li> <li>Reduction in elective c-sections</li> <li>Hospital-associated deep vein thrombosis/<br/>pulmonary embolus</li> <li>Pulmonary embolism for knee and hip replacement</li> </ul> |
| UTILIZATION                 | <ul> <li>Potentially preventable events: admissions, readmissions, complications</li> <li>Low back pain (MRI, CT, X-ray utilization)</li> <li>Advanced care directives</li> </ul>  |
|                             |  |



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## New Contracts: Aligned Incentives

- This year, 10 large care systems on new Aligned Incentives Contracts
  - 65 percent of BCBS members in Minneapolis-St. Paul area
  - 33 percent of BCBS members statewide

# **Supporting Providers of Care**

- Providers & plan agree on total cost of care & quality outcomes measure details
- Payment incentives tied to lowering the total cost of care & improving quality
- Support provider competition based on performance. Health plan products feature providers with low total cost of care & transparency tools for members
- Provide data, analytics & tools to assist providers in lowering total cost of care

# Early Returns on Aligned Incentive Contracts

#### **Total Cost of Care results**

- First year early data shows 75 percent of the care systems with the new contract bent their cost trends and will receive shared savings payouts
- Success was seen in both metro and non-metro health systems

#### **Quality Improvement results**

• Several care systems made significant improvements in outcomes



#### QUALITY IMPROVEMENT EARLY RETURNS, 2010-11

Across 9 care systems, 2,000 additional BCB\$MN members reached treatment goals for diabetes, vascular disease, and hypertension

| CARE SYSTEM  | 2010-2011 measures |  |
|--|--------------------|--|
| Care System A  |                    | ~600 additional BCB\$MN<br>members whose blood |
| Diabetes care  | 38.7% - 38.9%      | pressure is controlled                         |
| Vascular care  | 40.0% - 44.5%      |  |
| <ul> <li>Controlling hypertension</li> </ul>         | 68.0% - 77.3%      |  |
| Care System B  |                    | ~5,000 additional<br>BCB\$MN members           |
| <ul> <li>Breast cancer screening</li> </ul>          | 74.9% - 80.8%      | - screened for colon                           |
| <ul> <li>Colorectal cancer screening</li> </ul>      | 45.3% - 61.0%      | cancer   |
| <ul> <li>Reduction of elective deliveries</li> </ul> | 10.3% - 3.0%       |  |
| Vascular care  | 57.6% - 47.4%*     | ~300 avoided elective                          |
| Care System C  |                    | deliveries for BCB\$MN<br>members              |
| <ul> <li>Breast cancer screening</li> </ul>          | 83.0% - 87.1%      | membere  |
| <ul> <li>Colorectal cancer screening</li> </ul>      | 49.0% - 70.4%      |  |
| Diabetes care  | 27.0% - 32.2%      |  |
| Vascular care  | 41.0% - 32.8%*     |  |
| <ul> <li>Controlling high blood pressure</li> </ul>  | 78.0% - 76.7%*     |  |

Across 9 care systems, quality payments for 2011 were approximately \$32.7M (allocated \$35.6M)



\* Missed target





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