

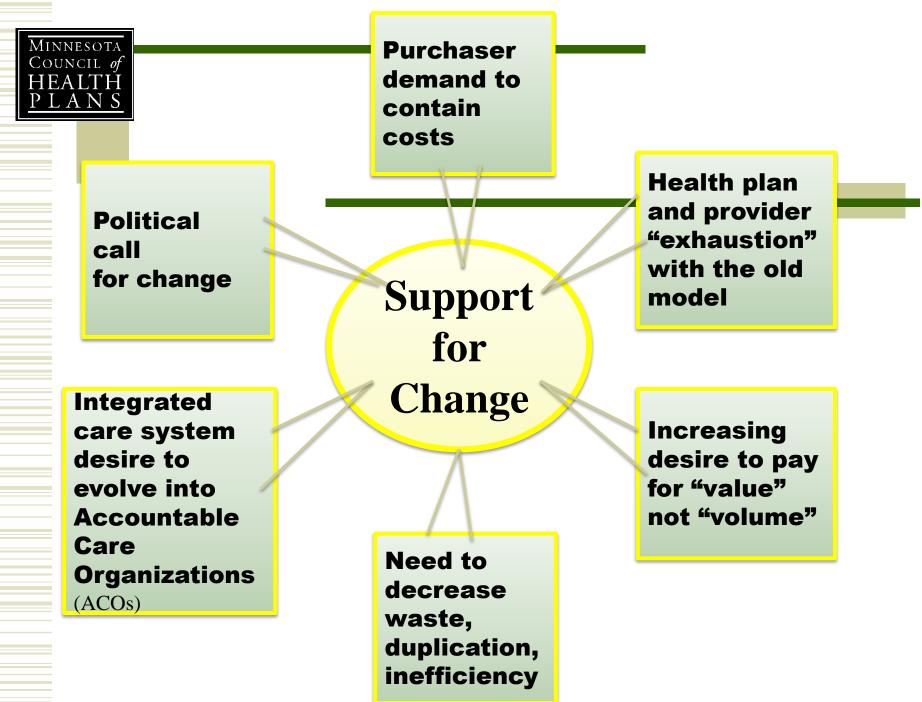
#### **American Institute for Contemporary German Studies**

#### Pay-for-Performance in Health Care Reform Minnesota's Experience June 27, 2012

Julie Brunner Executive Director Minnesota Council of Health Plans

### Minnesota's Landscape

- Providers dominated by large, fully-integrated care systems of hospitals, primary and specialty care physicians and almost all other services
- Payers comprised of three large and four smaller health plans serving individuals, local and national employer groups, and individuals enrolled in government programs – Medicare and Medicaid
- High level of interest and involvement by regulators, legislators, employers and consumers



#### **Provider-Plan Relationships**

- Widespread acceptance of the need for change = higher level of collaboration between providers of care, health plan
- Example: Blue Cross Blue Shield's "Aligned Incentive" relationship model

# **Evolving Relationship Model**

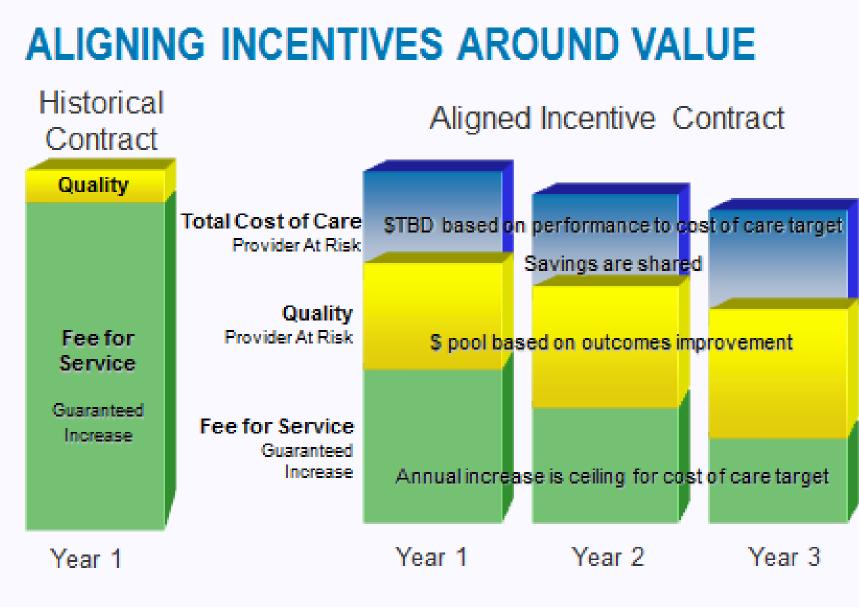
Past	Current/Future	
<ul> <li>Short term contracts</li> <li>Dominated by unit payment negotiation</li> </ul>	<ul> <li>Multi-year contracts</li> <li>Focus is building relationships which lower cost, improve quality</li> </ul>	
<ul> <li>Fee-for-service</li> <li>Discount off charge as a measure of success</li> </ul>	<ul> <li>"Value" derived payments</li> <li>Total cost of care and outcomes as measures of success</li> </ul>	
Treating chronic & acute     illness	<ul> <li>Preventing illness, maintaining "wellness"</li> </ul>	
Limited transparency	<ul> <li>Full transparency, sharing of claims &amp; encounter data</li> </ul>	
Negotiation "drives" the relationship	<ul> <li>Relationship "drives" the negotiation</li> </ul>	



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## "Aligned Incentive" Contracting Model

#### Model incorporates four elements

- Member attribution: Payer assigns enrollees to a care system based on where they received most of their primary care in the past
- **Risk adjustment**: Adjust cost to reflect the illness burden & complexity of the enrollees assigned to each care system



#### Model Elements, continued

- Per member per month calculation: Aggregate payments for assigned enrollees; add total cost of care which is aggregate price, type & volume of services regardless of where services took place
- Quality incentives: Payment risk based on 17 quality metrics in 5 categories (chronic illness, prevention & wellness, care integration, safety & utilization)



# **Quality Improvement**

CHRONIC ILLNESS	<ul> <li>Optimal diabetic care (composite measure)</li> <li>Optimal vascular care (composite measure)</li> <li>Hypertension control</li> </ul>
PREVENTION & WELLNESS	<ul> <li>Breast cancer screening</li> <li>Colorectal cancer screening</li> <li>Body mass index (measurement and referral)</li> <li>Tobacco cessation (measurement and referral)</li> </ul>
PATIENT CARE INTEGRATION	Depression remission rate
SAFETY	<ul> <li>Reduction of elective deliveries &lt; 39 weeks</li> <li>Reduction in elective c-sections</li> <li>Hospital-associated deep vein thrombosis/ pulmonary embolus</li> <li>Pulmonary embolism for knee and hip replacement</li> </ul>
UTILIZATION	<ul> <li>Potentially preventable events: admissions, readmissions, complications</li> <li>Low back pain (MRI, CT, X-ray utilization)</li> <li>Advanced care directives</li> </ul>



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## New Contracts: Aligned Incentives

- This year, 10 large care systems on new Aligned Incentives Contracts
  - 65 percent of BCBS members in Minneapolis-St. Paul area
  - 33 percent of BCBS members statewide

# **Supporting Providers of Care**

- Providers & plan agree on total cost of care & quality outcomes measure details
- Payment incentives tied to lowering the total cost of care & improving quality
- Support provider competition based on performance. Health plan products feature providers with low total cost of care & transparency tools for members
- Provide data, analytics & tools to assist providers in lowering total cost of care

# Early Returns on Aligned Incentive Contracts

#### **Total Cost of Care results**

- First year early data shows 75 percent of the care systems with the new contract bent their cost trends and will receive shared savings payouts
- Success was seen in both metro and non-metro health systems

#### **Quality Improvement results**

• Several care systems made significant improvements in outcomes



#### QUALITY IMPROVEMENT EARLY RETURNS, 2010-11

Across 9 care systems, 2,000 additional BCB\$MN members reached treatment goals for diabetes, vascular disease, and hypertension

CARE SYSTEM	2010-2011 measures	
Care System A		~600 additional BCB\$MN members whose blood
Diabetes care	38.7% - 38.9%	pressure is controlled
Vascular care	40.0% - 44.5%	
<ul> <li>Controlling hypertension</li> </ul>	68.0% - 77.3%	
Care System B		~5,000 additional BCB\$MN members
<ul> <li>Breast cancer screening</li> </ul>	74.9% - 80.8%	- screened for colon
<ul> <li>Colorectal cancer screening</li> </ul>	45.3% - 61.0%	cancer
<ul> <li>Reduction of elective deliveries</li> </ul>	10.3% - 3.0%	
Vascular care	57.6% - 47.4%*	~300 avoided elective
Care System C		deliveries for BCB\$MN members
<ul> <li>Breast cancer screening</li> </ul>	83.0% - 87.1%	membere
<ul> <li>Colorectal cancer screening</li> </ul>	49.0% - 70.4%	
Diabetes care	27.0% - 32.2%	
Vascular care	41.0% - 32.8%*	
<ul> <li>Controlling high blood pressure</li> </ul>	78.0% - 76.7%*	

Across 9 care systems, quality payments for 2011 were approximately \$32.7M (allocated \$35.6M)



\* Missed target





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